

**3rd. ANNUAL MARK TRAIL
INVITATIONAL TRACK MEET**
RELAYS - TRACK & FIELD INVITATIONAL MEET
Hosted by Mark Trail Flying Eagles

Meet Director: Jacqui Collins jacquicyd@bellsouth.net (404) 308-6308
Meet Coordinator: Stephon Rivas srivas4339@aol.com (404) 284-1532

Dates: May 23-24, 2009

Site: Landmark Christian School, Fairburn, GA

Entry Fee: \$13.00 per Athlete

Gate Fee: \$3.00 Day Pass or \$5.00 for weekend Pass
(Coaches – 1 Pass for every 10 athletes)

REGISTRATION is available now!!

<http://www.coacho.com>. Click on the “Help” box for more detailed instructions on how to register and submit your entry.

REGISTRATION DEADLINE IS MIDNIGHT **MONDAY, MAY 18, 2009.**

Additions and corrections can be made continuously online up to the midnight deadline date. **NO CHANGES WILL BE MADE AFTER THE DEADLINE!**

Primary thru Midget are restricted to 3 events, including relays.

Sub-Youth thru Young Men/Women are restricted to 4 events, including relays.

All entry fees are to be paid online with a credit card. At the end of the process you can print out the confirmation page(s) and then send a copy of the page showing the amount you paid along with a waiver which may be downloaded from www.eteamz.active.com/mtaa for each athlete.

Athletes need to have proof of age (i.e. copy of birth certificate).

THERE WILL BE NO REFUNDS OR TRANSFERS. NO FAX ENTRIES ACCEPTED. Submit relays online. But, also list relay on individual entry (even if athlete is an alternate – it will count towards entry limit).

PACKET PICK UP: 8:00 a.m. (May 23, 2009)

MISC.: Competitors must supply own implements. **¼ inch Spikes will be aggressively enforced.**

AWARDS: There will be medal awards for the 1st thru 3rd place. Ribbons will be awarded for 4th thru 6th place for individual events. Relays will be awarded medals for 1st thru 3rd place only.





AGE DIVISIONS

<i>Primary</i>	<i>Sub-Bantam & Bantam</i>	<i>Sub-Midget & Midget</i>	<i>Sub-Youth & Youth</i>	<i>Intermediate & Young Men/Women</i>
100	100	80m Hurdles	100m Hurdles	100m Hurdles Women
200	200	100	200M Low HURDLES	110m Hurdles Men
400	400	200	100	400M Hurdles
800	800	400	200	100
Long Jump	Long Jump	800	400	200
Shot Put	Shot Put	1600	800	400
4 x 100	4 x 100	Long Jump	1600	800
4 x 400	4 x 400	Shot Put	Long Jump	1600
	High Jump	4 x 100	Shot Put	Long Jump
		4 x 800	4 x 100	Shot Put
		High Jump	4 x 400	4 x 100
		Discus	4 x 800	4 x 400
			High Jump	4 x 800
			Discus	High Jump
				Discus

AGE CLASSIFICATION

<i>Age Groups</i>	<i>Year of Birth</i>
Primary	2001 & After
Sub-Bantam	2000
Bantam	1999
Sub-Midget	1998
Midget	1997
Sub-Youth	1996
Youth	1995
Intermediate	1993 -1994
Young Men/Women	1991 – 1992

Age control date December 31, 2009



MEET SCHEDULE (ROLLING SCHEDULE)

Meet can start one hour early or late. Meet Management has no responsibility in scheduling to allow an athlete to do multiple events. That is clearly a Coach, Parent and Athlete decision.

ORDER OF EVENTS

(Fully Automatic Timing (F.A.T.)

9:00 A.M. Saturday Running & Field Events

1600M FINAL (Timed Final)

100M DASH Preliminaries

400M FINAL (Timed Final)

80M HURDLES FINAL (Timed Final)

100M HURDLES FINAL (Timed Final)

110M HURDLES FINAL (Timed Final)

4 X 800 RELAY FINAL (Timed Final)

200M Preliminaries

4 X 100M RELAY (Preliminaries)

LONG JUMP AND DISCUS (WILL START WITH PRIMARY BOYS AND GIRLS AT 9:00 A.M.) Rolling schedule

1:00 P.M. Sunday Running & Field Events

4 X 100M RELAY FINAL

100M DASH FINAL

800M FINAL (Timed Final)

200M FINAL

15 MINUTE BREAK

200M HURDLES FINAL (Timed Final)

400M HURDLES FINAL (Timed Final)

4 X 400M RELAY FINAL (Timed Final)

HIGH JUMP AND SHOT PUT (WILL START WITH PRIMARY BOYS AND GIRLS AT 1:00 A.M.) Rolling schedule



Directions to Landmark Christian Stadium:

Take Interstate 85 south of Atlanta to Exit #61 (Fairburn/Peachtree City/Ga. Hwy. 74). Turn right off ramp. Travel about 1/3 mile and you will see a road fork to the right. Take the road that forks to the right (Senoia Rd). Go to 2nd stop sign. Turn right on East Broad Street (in front of railroad tracks), drive one block, and turn right on Malone Road. Visitor parking is available in the parking lot on your left.
From south: Take 85 N to Exit 61. Turn left off of the exit and follow above directions.

From I 20: Take I 20 E to exit 37 (Hwy 92). Follow 92 E (or S) to Fairburn. When you come to intersection 92/29 (Main Street), stay straight on 92 and pass under a railroad bridge. Turn right at light onto Broad Street. School is on left. To find visitor parking, turn left on Malone Road and look for spots marked "visitor" in the parking lot on your left.

Hotels in the area:

Wingate Inn Atlanta Fairburn From: **\$89** avg. per night

770-892-3006

Hampton Inn Atlanta-Fairburn, Ga From: **\$94 - \$104** per night

678-782-4025

Econo-Lodge- Union City: From: **\$55** avg. per night

770-964-9999

Best Western- Union City: From **\$65.00**

770-892-3128

Hilton Atlanta Airport From: **\$89** avg. per night

404-767-9000

Sheraton Gateway Hotel Atlanta Airport From: **\$79** avg. per night